### National Center for Emerging and Zoonotic Infectious Diseases Division of Foodborne, Waterborne, and Environmental Diseases



# Consumption of poultry is a major way people get Salmonella infections







Patricia M. Griffin, MD | Chief, Enteric Diseases Epidemiology Branch
Meeting of AFDO Healthy People 2030 Foodborne Illness Reduction Committee--*Salmonella* | May 14, 2021

### Topics

#### Salmonella

- Most important bacterial foodborne pathogen
- Three short stories about serotypes
  - Typhimurium decreasing
  - Enteritidis increasing
  - Infantis increasing due to a new, resistant strain

#### Chicken

- The major U.S. source of animal protein
- A major source of Salmonella illness
- A major reason for Salmonella serotype decreases and increases

### Summary and conclusion

### Salmonella is the biggest bacterial foodborne illness challenge in the United States

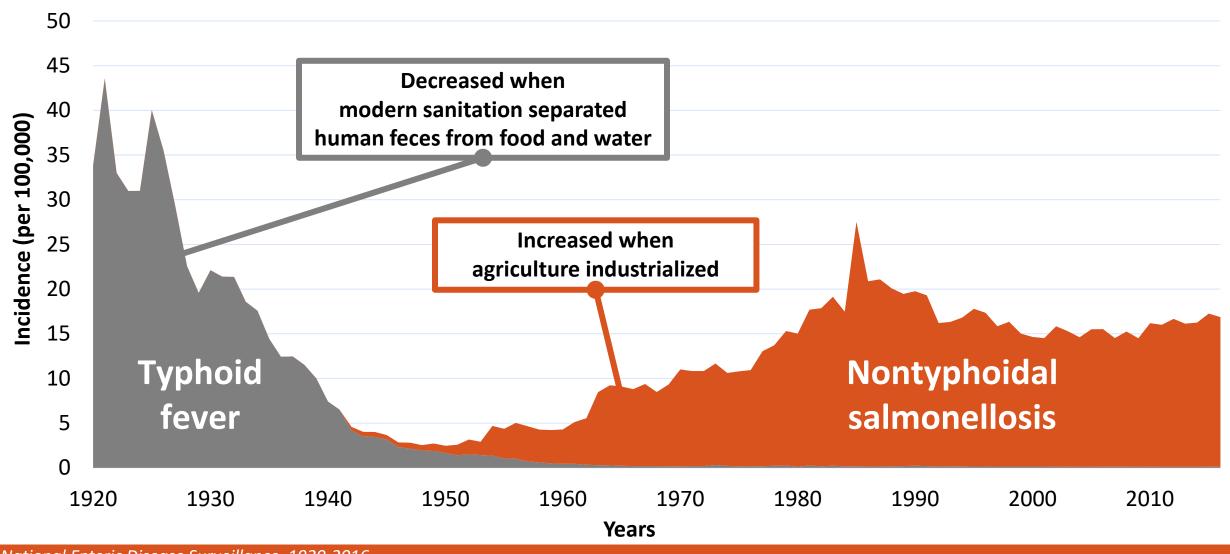
Pathogen	Foodborne illnesses	Foodborne hospitalizations	Foodborne deaths
Salmonella	1,000,000	19,000	380
Campylobacter	845,000	8,500	80
E. coli O157	63,000	2,100	20
Listeria	1,600	1,500	260

### Salmonella is the biggest bacterial foodborne illness challenge in the United States

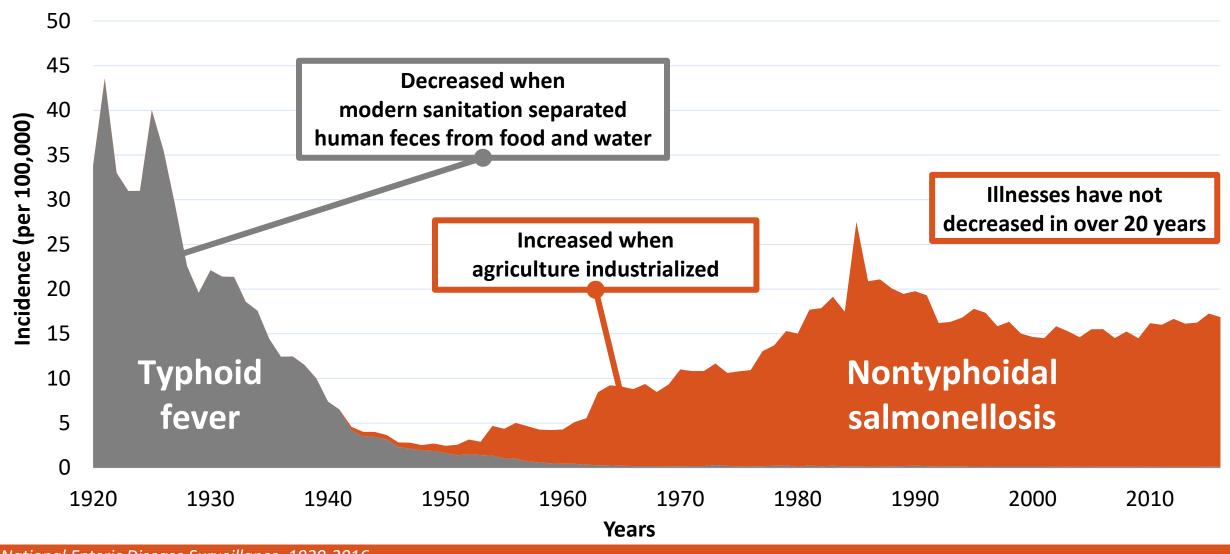
Pathogen	Foodborne illnesses	Foodborne hospitalizations	Foodborne deaths
Salmonella	1,000,000	19,000	380
Campylobacter	845,000	8,500	80
E. coli O157	63,000	2,100	20
Listeria	1,600	1,500	260

Healthy People 2030 Goal for USA: 25% reduction in Salmonella infections from 2015–2017

By the mid-20<sup>th</sup> century typhoid fever (caused by *S.* Typhi) had declined, but nontyphoidal salmonellosis was rising. It is now our major foodborne disease problem.



By the mid-20<sup>th</sup> century typhoid fever (caused by *S.* Typhi) had declined, but nontyphoidal salmonellosis was rising. It is now our major foodborne disease problem.



### Highly resistant Salmonella strains continue to emerge in many food animals. People are "incidental hosts."



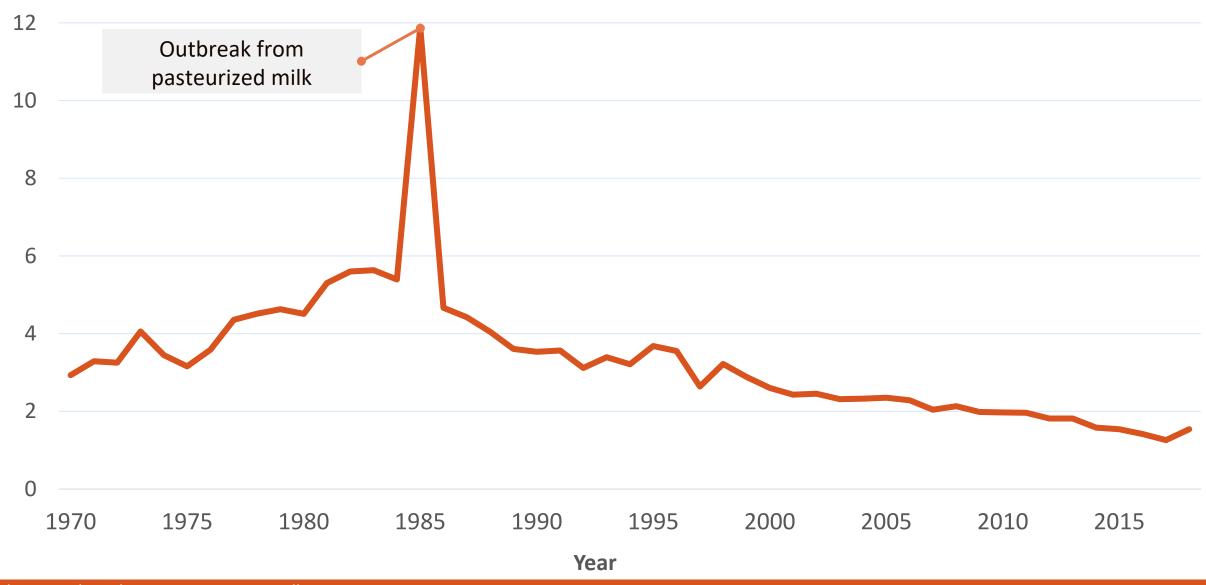




**Chickens** Cattle Pigs

### Incidence of serotype Typhimurium infections has been declining

Incidence (per 100,000)



### Both Salmonella Typhimurium and Heidelberg infections have declined

Typhimurium

#1 until 2008

Unit with the second se

Heidelberg

#4 in 2003

J
Now #15

#### Why? Possible reason:



Both targeted by same poultry vaccine, used on many broiler farms



Chicken is a major source of these infections

**,,,,** 

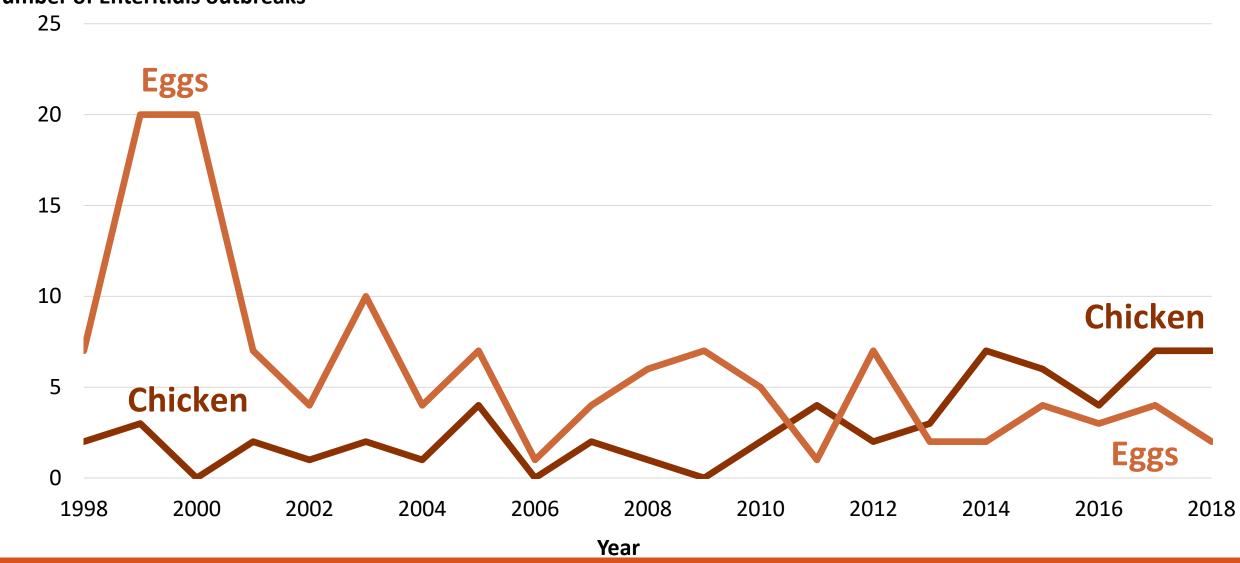
In 2008, Enteritidis surpassed Typhimurium as the most common *Salmonella* serotype causing human illness

### Annual incidence of infection with Salmonella | by serotype, USA



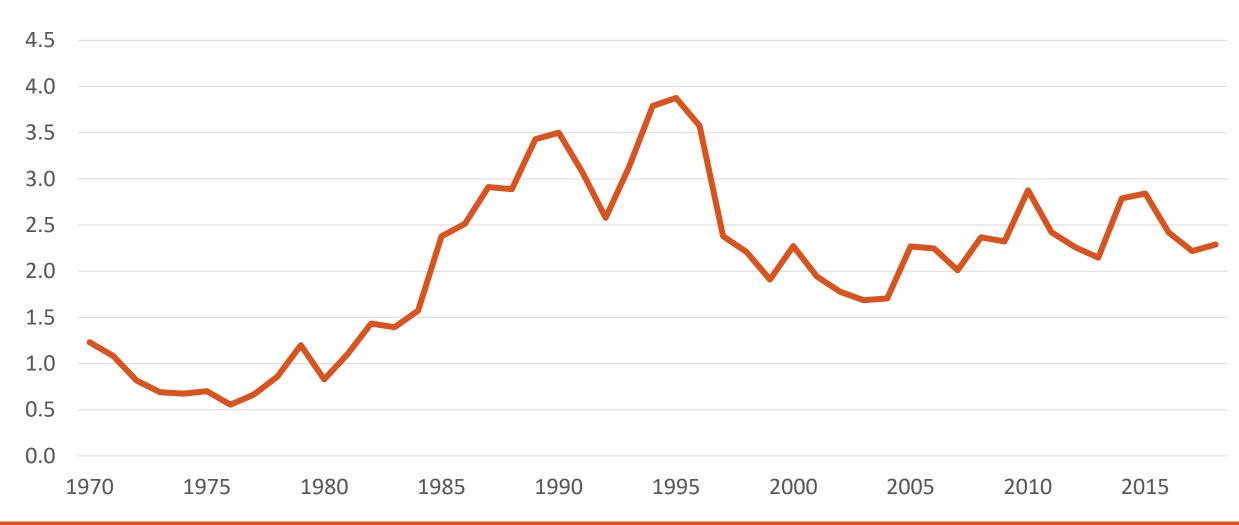
### Enteritidis used to cause many egg outbreaks, now it causes more chicken than egg outbreaks

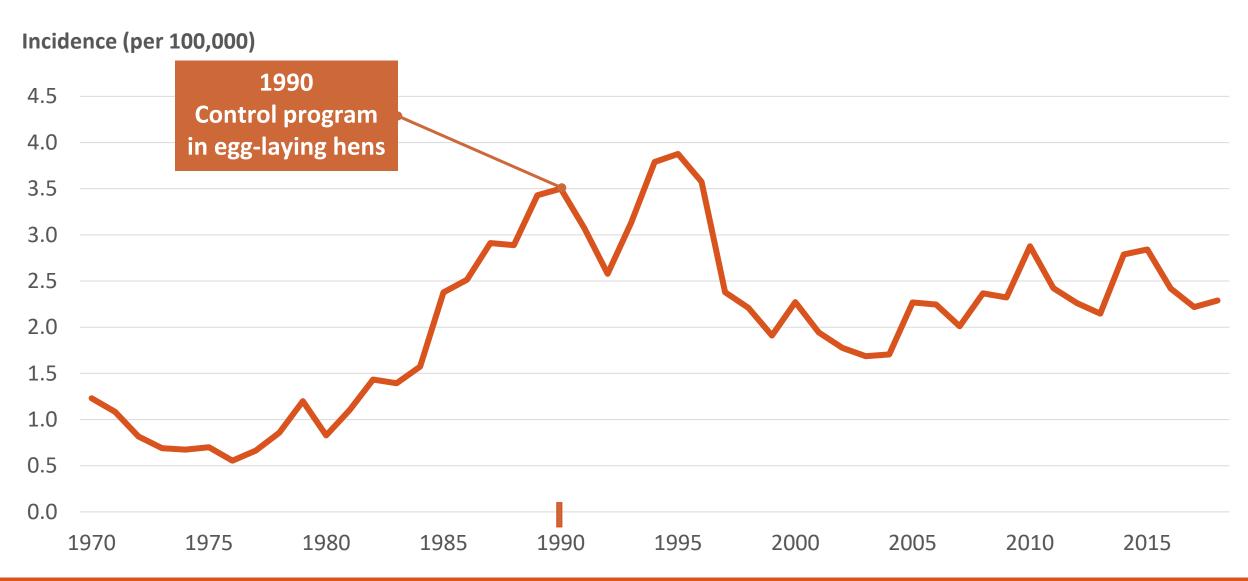
#### **Number of Enteritidis outbreaks**

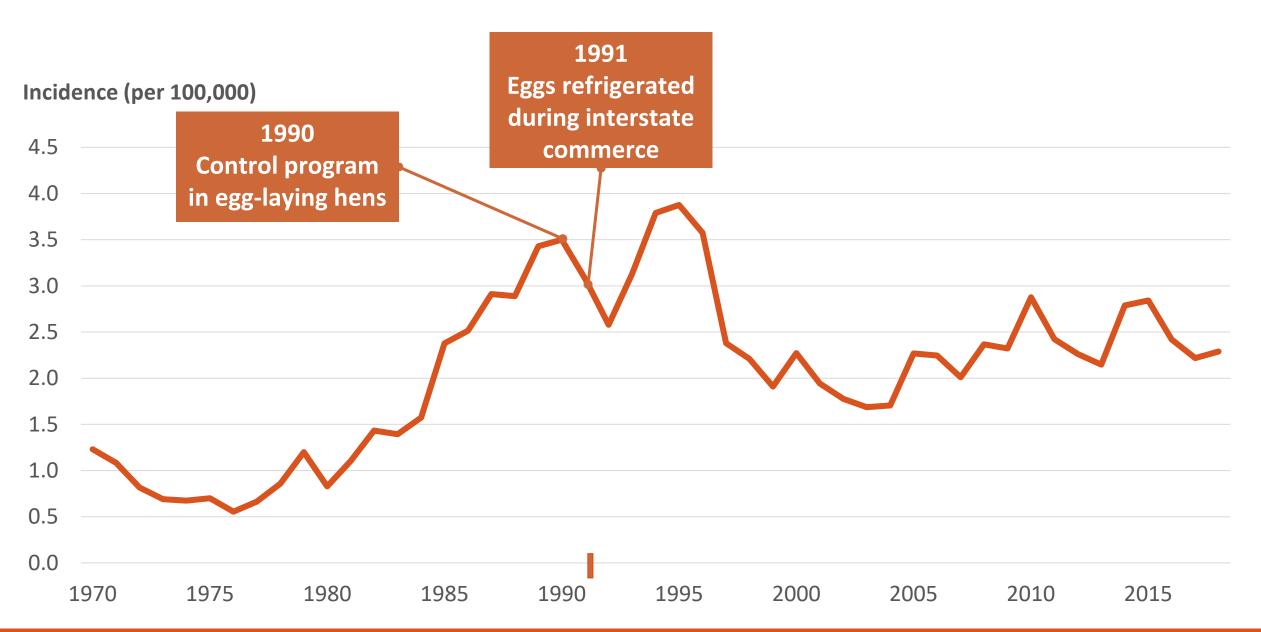


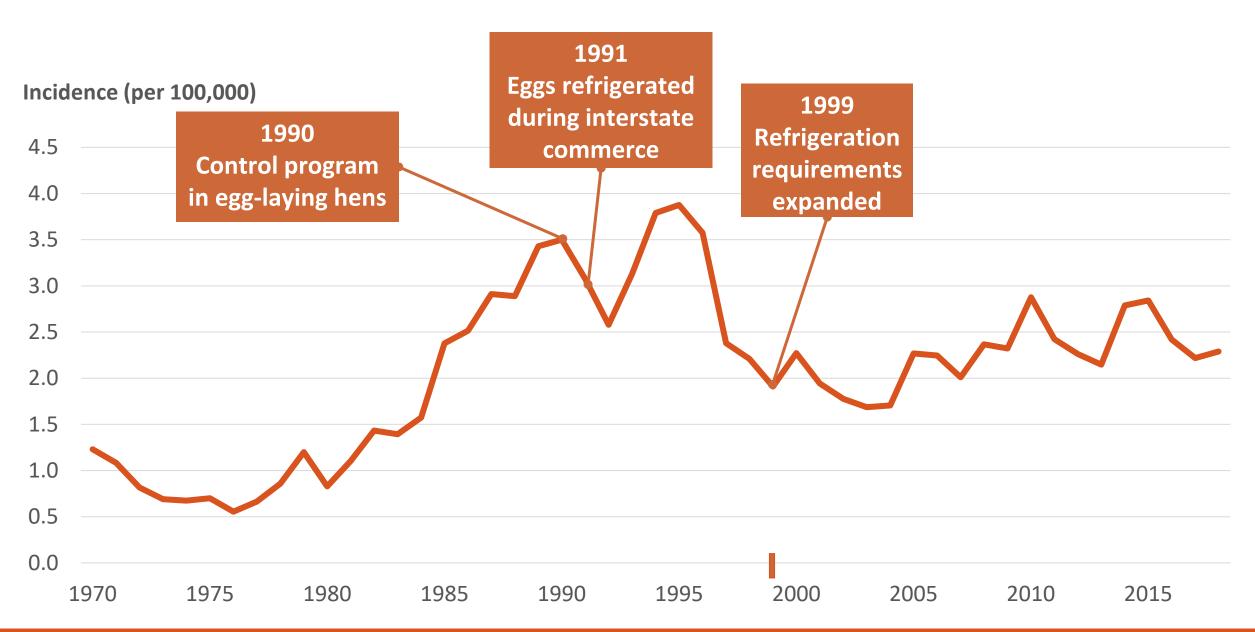
#### Incidence of Enteritidis infections has varied with its sources

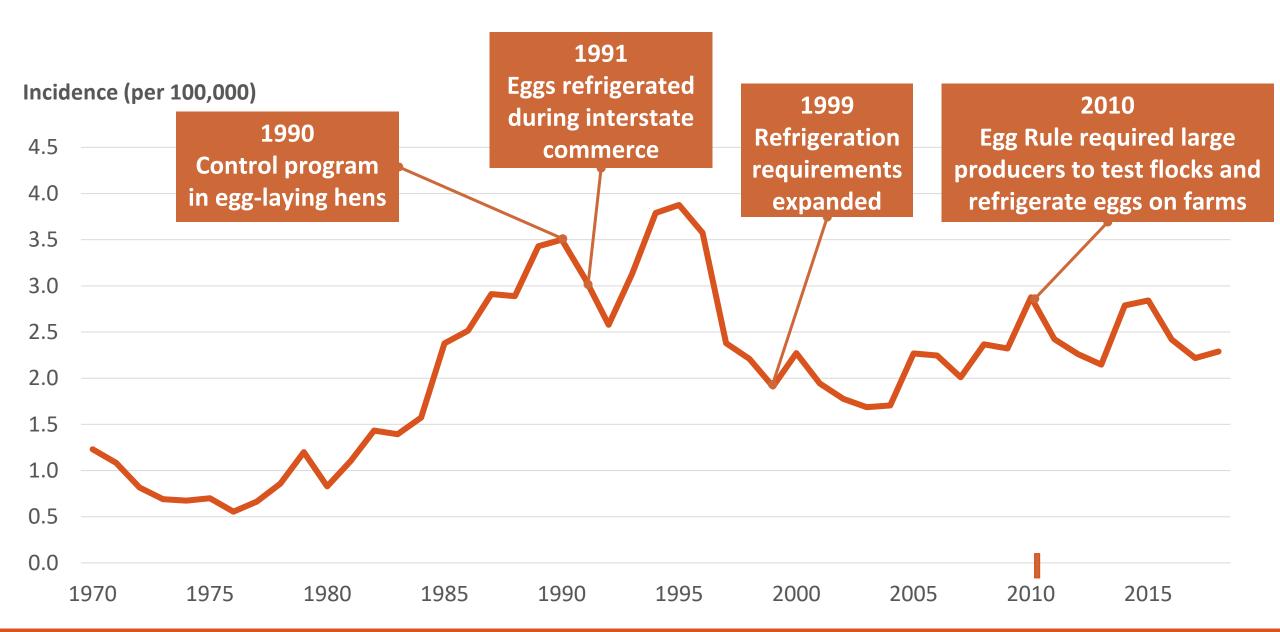


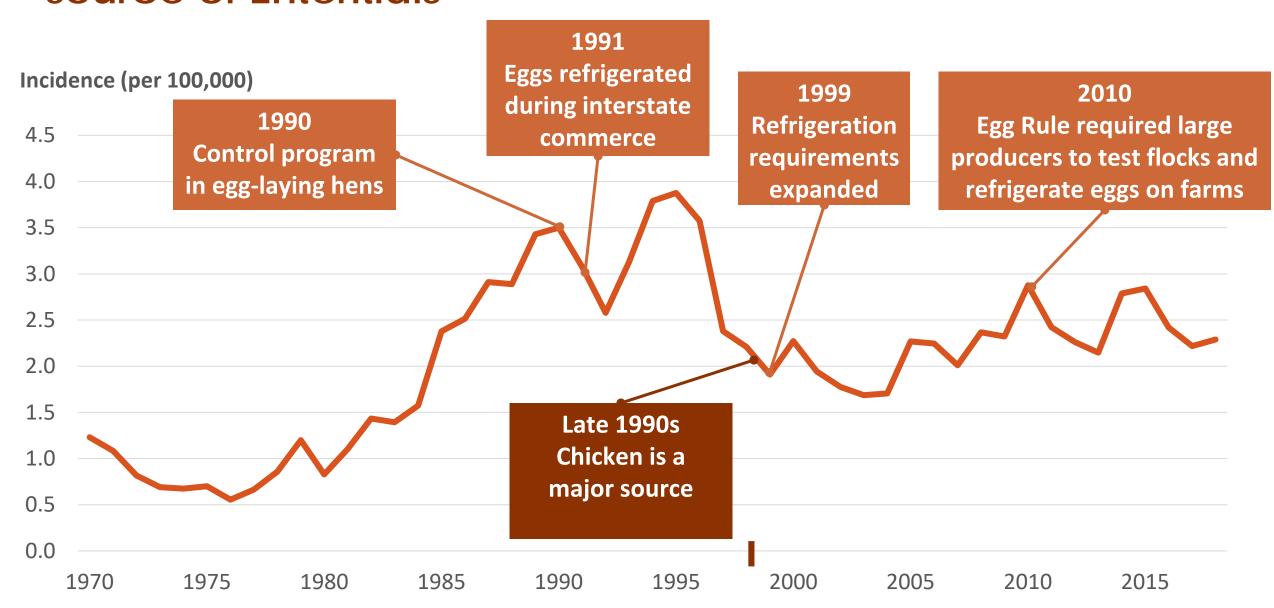


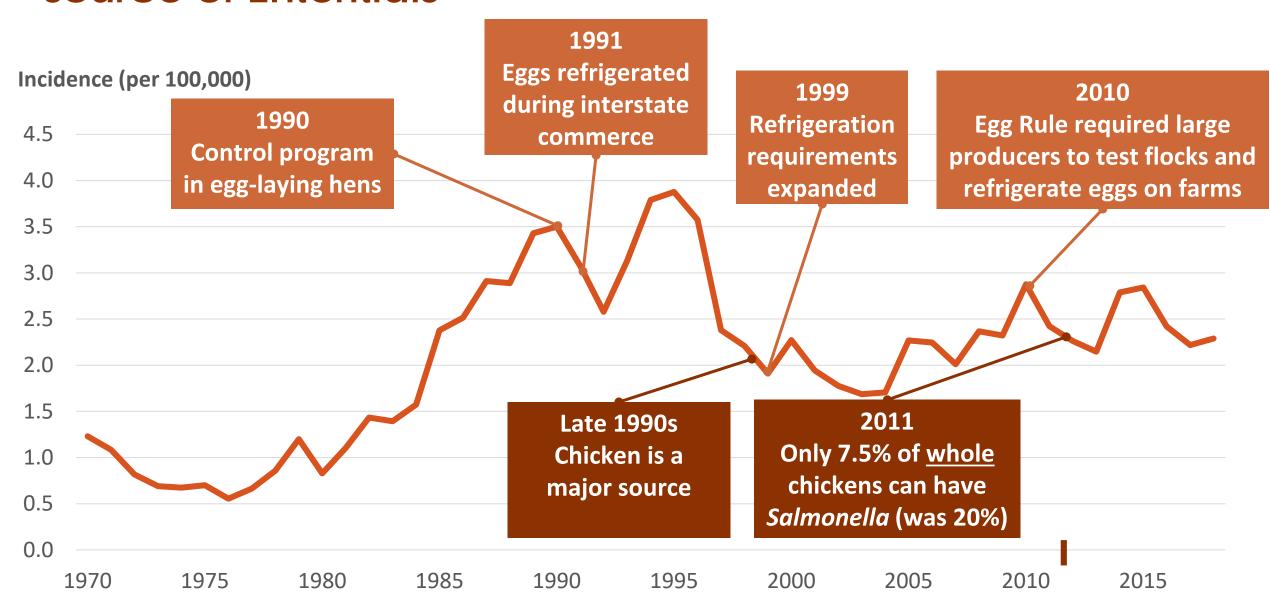


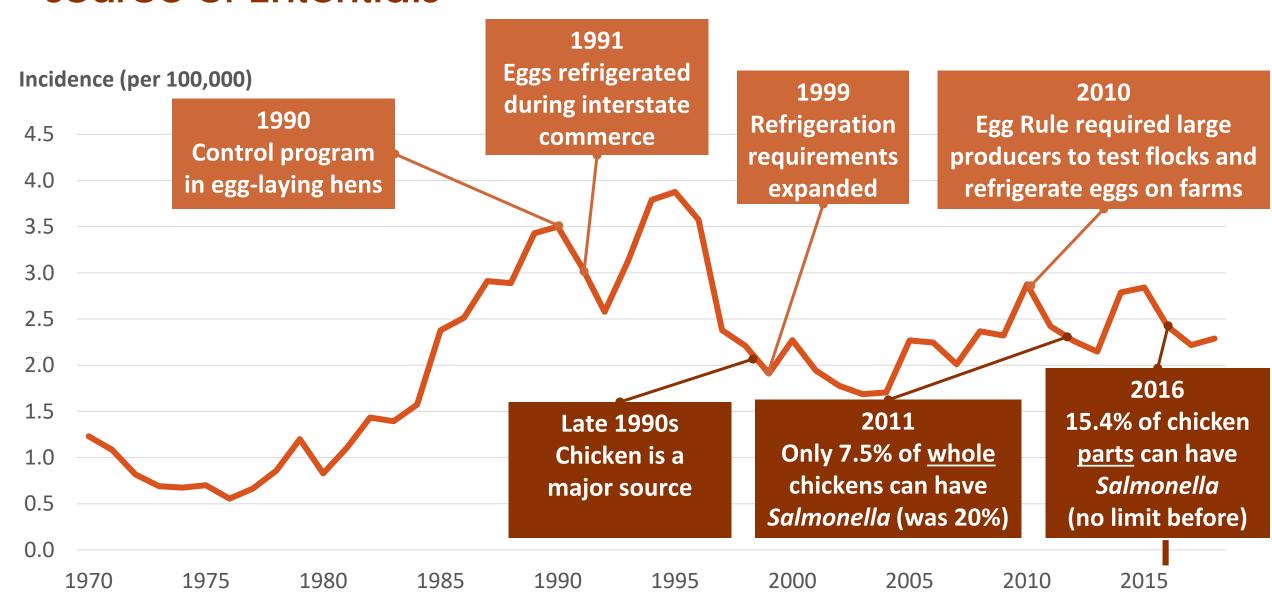


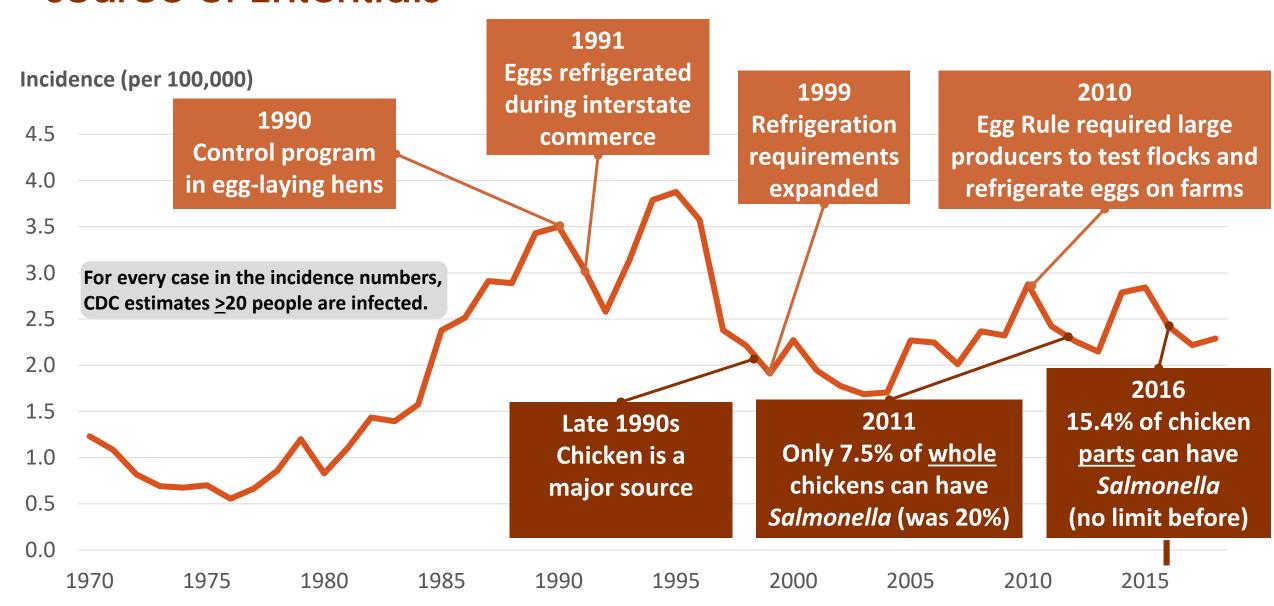




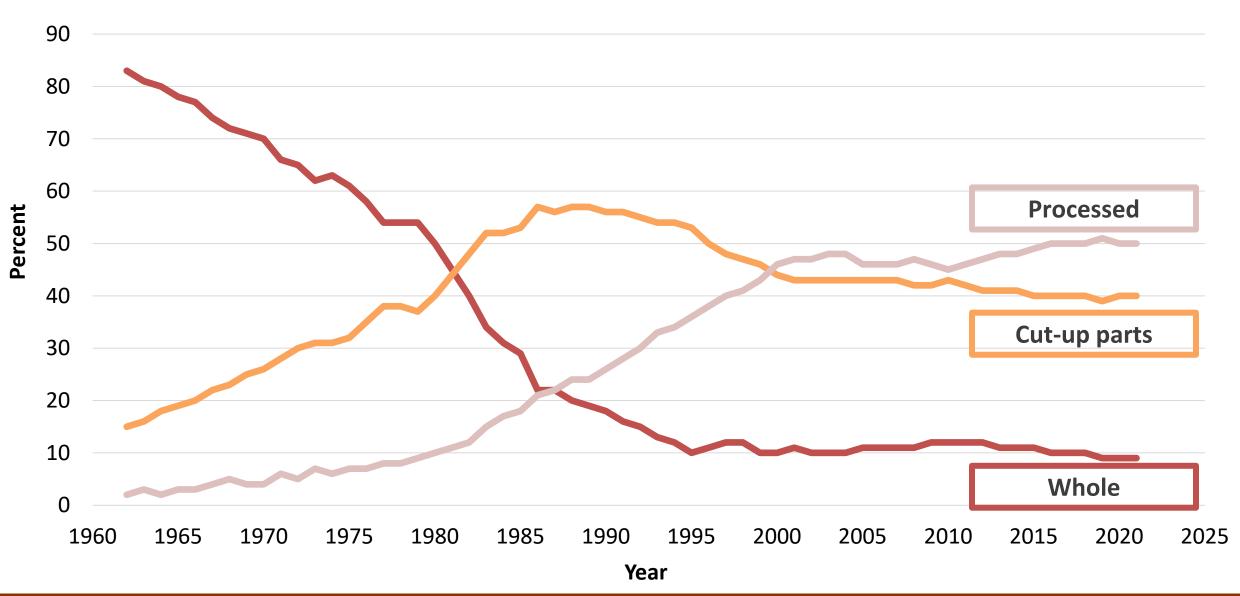




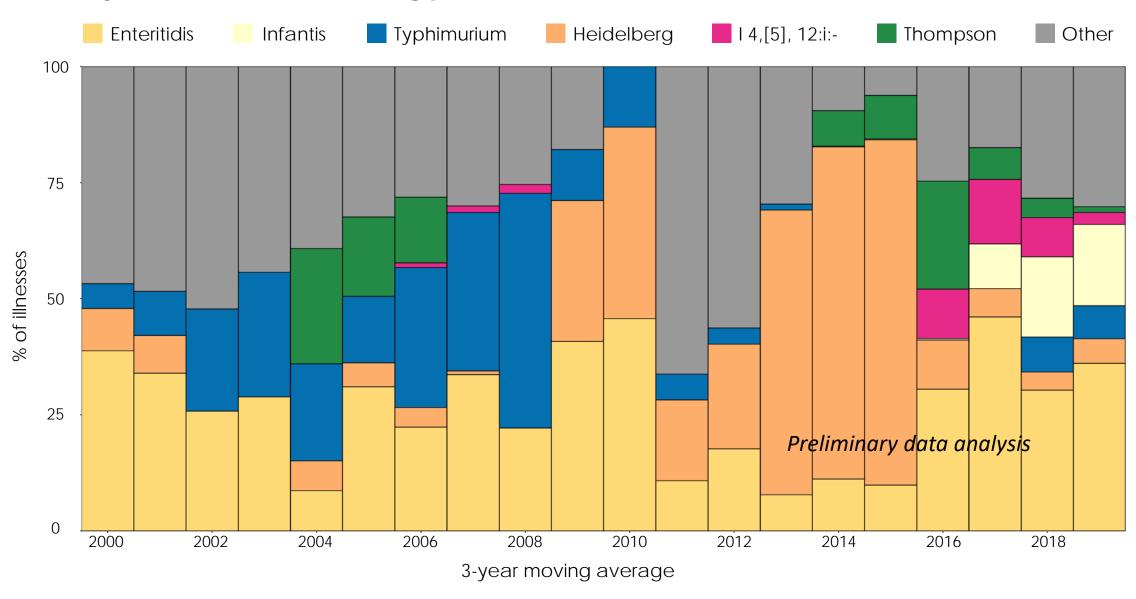




### We used to buy mostly whole chickens, but by early 1980s were mostly buying cut-up parts or processed



### % of outbreak-associated illnesses caused by major *Salmonella* serotypes in outbreaks due to chicken, 2000–2019



### Emergence of multidrug-resistant (MDR) Salmonella Infantis from chicken

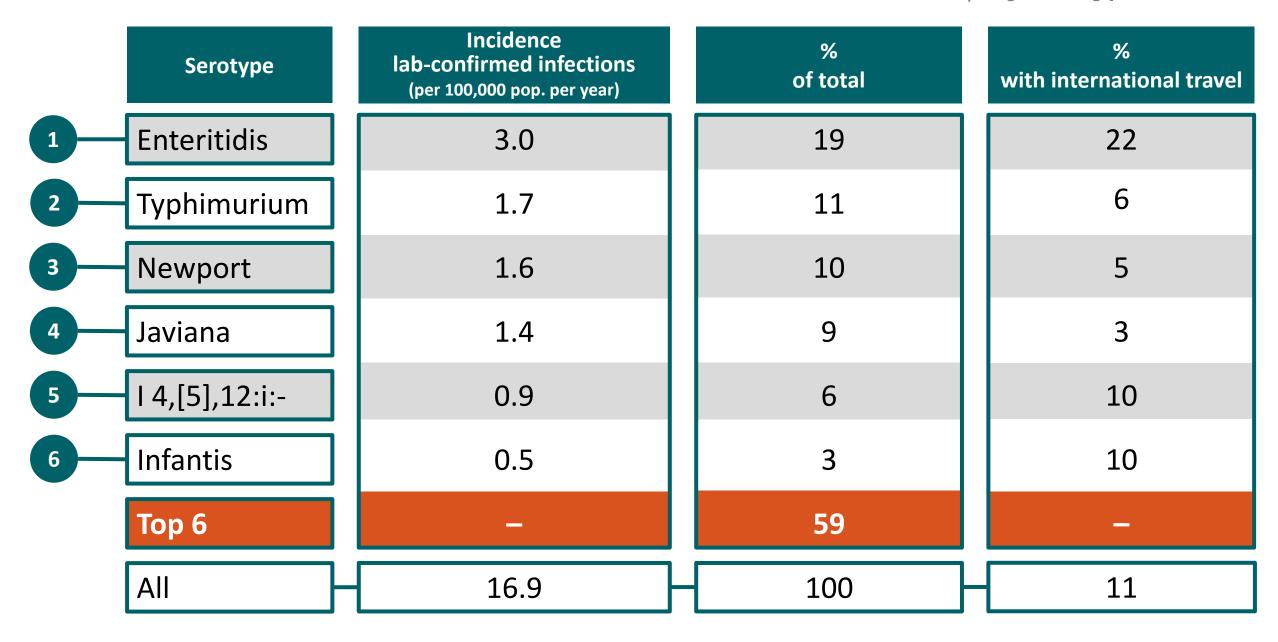
#### **2014**

- FDA isolated MDR Infantis from <u>retail chicken</u>
- CDC identified a few cases of MDR Infantis in <u>humans</u> who had not traveled
- Distinctive, similar PFGE subtype patterns

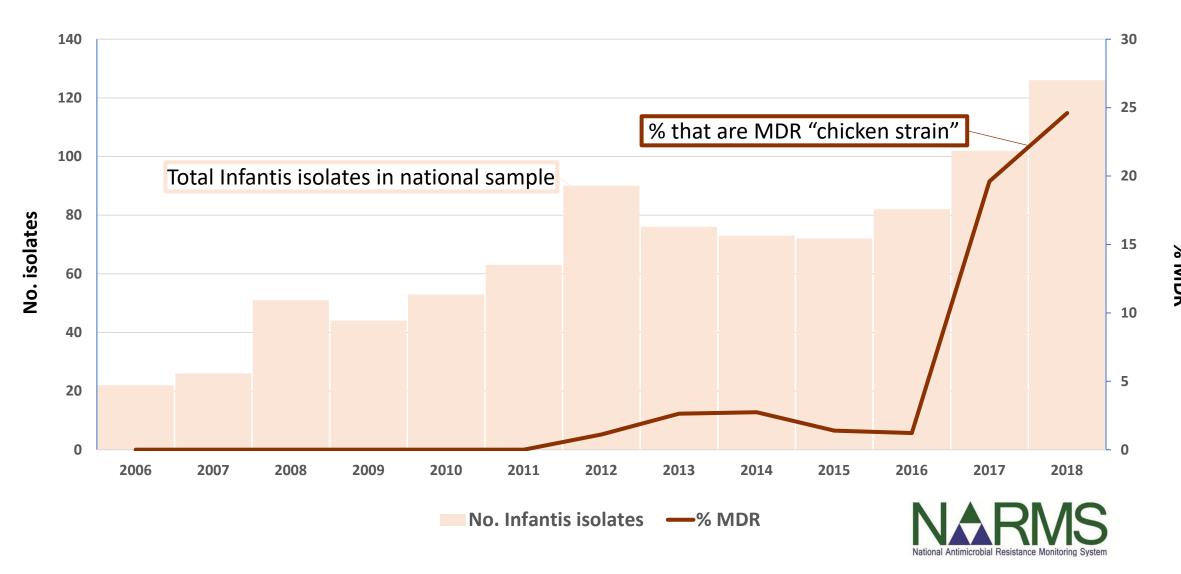
#### Later investigations

- Found MDR Infantis in many poultry flocks
- Isolates from chickens and humans very similar by whole-genome sequence
- Human illness is most often linked to consumption of chicken

### Annual incidence of infection with Salmonella | by serotype, USA

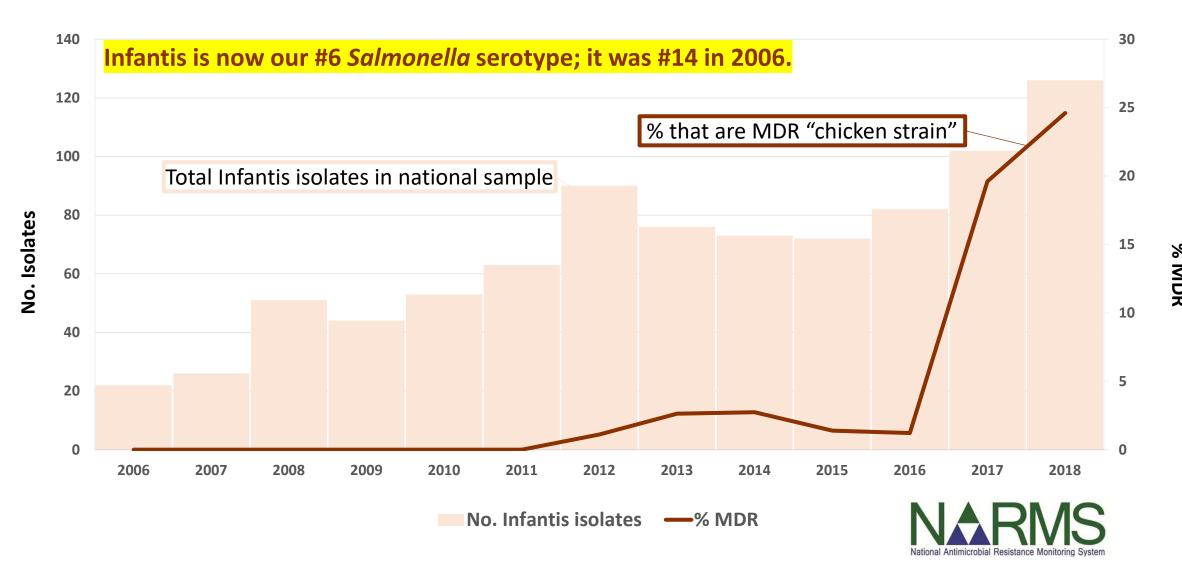


### Multidrug resistant (MDR) Salmonella Infantis infections spiked in 2017



MDR chicken isolates have typical pulsed-field gel electrophoresis (PFGE) or whole genome sequence (WGS) pattern; Data are preliminary, from the National Antimicrobial Resistance Monitoring System (NARMS) and PulseNet

#### Multidrug resistant (MDR) Salmonella Infantis infections spiked in 2017



MDR chicken isolates have typical pulsed-field gel electrophoresis (PFGE) or whole genome sequence (WGS) pattern; Data are preliminary, from the National Antimicrobial Resistance Monitoring System (NARMS) and PulseNet

#### Antibiotics to which the MDR Salmonella Infantis strain is resistant

- Ampicillin
- Ceftriaxone
- Chloramphenicol
- Ciprofloxacin
- Gentamicin

- Nalidixic acid
- Streptomycin
- Sulfisoxazole
- Tetracycline
- Trimethoprim-sulfamethoxazole

#### Antibiotics to which the MDR Salmonella Infantis strain is resistant

- Ampicillin
- Ceftriaxone
- Chloramphenicol
- Ciprofloxacin
- Gentamicin

- Nalidixic acid
- Streptomycin
- Sulfisoxazole
- Tetracycline
- Trimethoprim-sulfamethoxazole

Antibiotics in orange are used to treat Salmonella infections in humans

### **Topics**

#### Salmonella

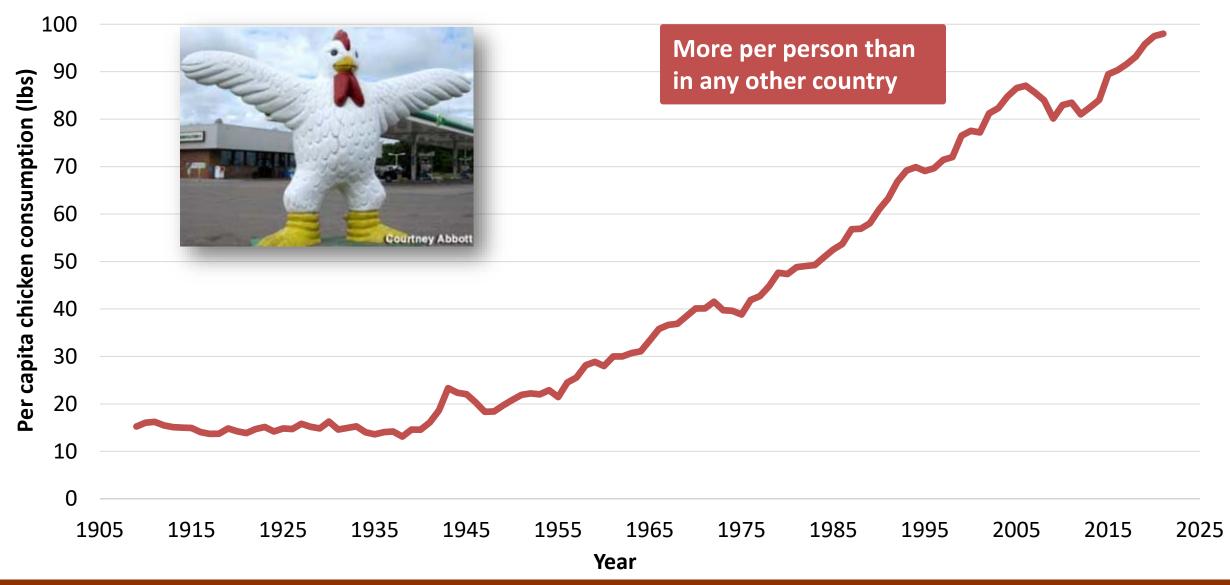
- Most important bacterial foodborne pathogen
- Three short stories about serotypes
  - Typhimurium decreasing
  - Enteritidis increasing
  - Infantis increasing due to a new, resistant strain

#### Chicken

- The major U.S. source of animal protein
- A major source of Salmonella illness
- A major reason for Salmonella serotype decreases and increases

### Summary and conclusion

### Chicken consumption has increased markedly since early 1900s Now the #1 animal protein consumed in USA



# chicken was one of the top 2 sources of all Salmonella illnesses, responsible for 14.3% of foodborne Salmonella illnesses









### Crude estimate of annual <u>chicken-associated</u> illnesses caused by *Salmonella*

14.3% of 1,000,000 = 143,000 illnesses

Pathogen	Foodborne illnesses	Foodborne hospitalizations	Foodborne deaths
Salmonella	1,000,000	19,000	380
Campylobacter	845,000	8,500	80
E. coli O157	63,000	2,100	20
Listeria	1,600	1,500	260

## A central problem: Lack of surveillance, investigation, and mandated foodborne illness control measures on farms

- No routine surveillance on farms for pathogens that cause foodborne illness
- By the time CDC determines that many people are getting sick, a pathogen has often spread widely on farms
  - Investigations of human illness usually stop outside the farm,
     so we don't figure out the root of the problem
- Farmers have few incentives for decreasing carriage of human pathogens by food animals
  - Animals often arrive at the slaughterhouse carrying a large burden of Salmonella



### Summary

- Salmonella is our most important foodborne bacterial cause of illness and death
  - Typhimurium infections have been declining (now #2 serotype)
    - likely related to vaccination of chickens
  - Enteritidis infections increased (now #1 serotype)
    - when it increased in broiler flocks
  - Infantis infections markedly increased very recently (#14  $\rightarrow$  #6 serotype)
    - due to emergence of a highly resistant strain in broiler flocks
- Chicken is #1 protein consumed in United States
- The burden of chicken-associated illnesses is large
- Current measures to prevent illness from chicken are insufficient

## We could markedly decrease Salmonella illnesses from chicken with a multi-pronged approach



#### On farms

e.g., vaccination, hygiene, audits



### At slaughterhouses

e.g., performance standards, which animals accepted



#### At retail

e.g., buying agreements, industry standards

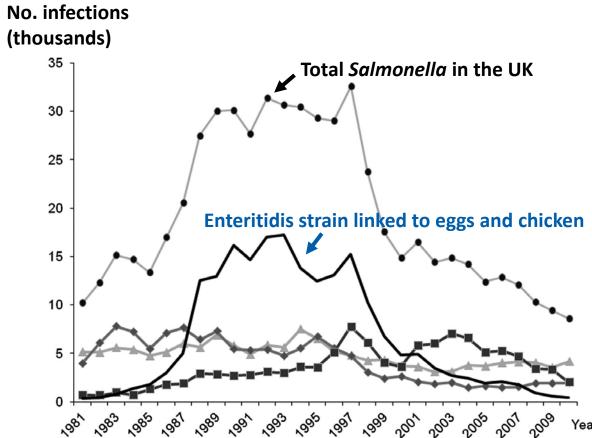
### Reasons for optimism

Vaccination can be effective

Poultry industry has eradicated from flocks some Salmonella serotypes that make poultry sick

The UK & France have markedly decreased Salmonella infections using vaccination, targeting of particular serotypes, hygiene measures on farms, legislation, and investigation

What we learn could help us decrease chicken-associated illnesses caused by Campylobacter and Clostridium perfringens



### Current and former members of these groups contributed to this work

- State and local public health departments
- CDC's enteric diseases epidemiology, outbreak, and laboratory branches
- Food Safety and Inspection Service,
   U.S. Department of Agriculture
- U.S. Food and Drug Administration



**Enteric Diseases Epidemiology Branch** 

For more information, contact CDC 1-800-CDC-INFO (232-4636) TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

